

LOW RISK MATERNITY CARE REFERRAL

Red Deer Primary Care Network

Phone: 403.343.9100

Fax: 403.343.9580

website: www.reddeerpcn.com

PATIENT INFORMATION:

Referral Date: _____

Name: _____ **PHN:** _____ **DOB:** _____

Preferred Phone: _____ **Alternate Phone:** _____ **Gender:** _____

Address: _____

Referring Physician: _____ **Clinic:** _____

Family Physician: _____ **Clinic:** _____

LMP: _____ **Due Date:** _____ **Gravida:** _____ **Para:** _____
Must have Ultrasound if LMP unknown *If known from ultrasound*

IF PATIENT OVER 30 WEEKS THEY ARE NOT ACCEPTED BY THIS PROGRAM. YOU MUST DIRECTLY REFER TO PHYSICIAN

Please check applicable:

<p>Medical/Obstetrical History:</p> <input type="checkbox"/> I have reviewed the exclusion criteria (pg 2) and confirm this patient meets the referral guidelines for this program	<p>Current Pregnancy</p> <p>If patient is over 12 weeks have they received regular prenatal care? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Current Medications:</p>	<p>Delivery History</p> <input type="checkbox"/> Uncomplicated <input type="checkbox"/> Cesarean Section <input type="checkbox"/> VBAC <input type="checkbox"/> Breech <input type="checkbox"/> Preterm Labour/Birth
<input type="checkbox"/> Relevant Social Issues	<p>Investigations Done:</p> <p>Ultrasound <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If yes where:</i> _____</p> <p>Prenatal Labs <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Genetic Testing Arranged <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Declined</p>	

All clinics deliver at RDRH, check preferred clinic(s) *Subject to availability.*

Patient will be contacted by accepting clinic within 1 to 2 weeks of referral.

- First Available
- Clearview Medical & Walk In Clinic
 Piper Creek Medical Clinic
 Saint Mary Family & Walk In Clinic
 Horizon Family Medicine **Red Deer**
- Parkland Medical Clinic
 Riverlands Medicine Clinic
- Horizon Family Medicine **Sylvan Lake**
 Sylvan Family Health
 Innisfail Medical Clinic

UPON REVIEW OF REFERRAL, COMPLETE AND RETURN BY FAX TO BOTH

1. Red Deer PCN at 403.343.9580 and
2. Referring Clinic _____

Low Risk Maternity Clinic _____
 (Clinic Name)

Accepted **Declined** *Reason:* _____
 This Information enables the RDPCN to understand your referral criteria

See page 2.....

Clinical Reference

If patient has any of the following medical or gynecological history, they are not accepted by the Low Risk Maternity Program. Refer directly to an obstetrician.

Medical History (LRMC does **NOT** accept)

- Cardiac Disease (*including Hypertension*)
- Renal Disease
- Pre-existing Diabetes
- Bleeding or Clotting disorders
- Seizure disorders
- Methadone, prescription narcotic use
- Chronic Infections (HIV, Hep C, Hep B, Syphilis)
- Obesity (BMI>45)
- Age > 45
- Abuse of substances such as alcohol and street drugs
- Chronic medical
(Epilepsy, severe asthma, lupus, organ transplants, current cancer, uncontrolled inflammatory bowel disease, bariatric surgery)

Obstetrical / Gynecological History (LRMC does **NOT** accept)

- Known multiples (*current pregnancy*)
- Second trimester loss
- Recurrent Subsequent miscarriage >3
- Preterm birth < than 36 weeks
- HELLP syndrome or Eclampsia
- Stillbirth or Neonatal Death
- Major Uterine surgery
- Uterine structural abnormality
- Significant post partum hemorrhage requiring transfusion
- Significant antenatal hemorrhage
- Gestational Diabetes requiring insulin
- Baby with congenital abnormality (*Structural or Chromosomal*)
- Rhesus isoimmunisation or other significant blood group antibody